



NEWSLETTER MARCH 2019



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Newsletter

Jay E. Garbus Same as above

PRESIDENT'S MESSAGE

Congratulations to Joe Anderson on accepting the position of 1st Vice President. He is a great asset to the chapter, and I am looking forward to his insight.

At our March 17th meeting our speaker is Ms. Catherine Hall, from Atrium Health who will be giving an informative presentation on Medical Power of Attorney, Living Wills and other important health matters which are especially relevant to us.

On the legislative side, new bills are starting at both the state and federal levels. Please read page 2 from Dick Steeves on what is happening to help you decide whether to act and contact your legislative representative. (see 4th Branch on page 5)

The Chapter meetings are held at the Red Rocks Café, 4223-8 Providence Rd., Strawberry Hill area where Fairview/Sardis Rds. cross Providence, behind the old Fresh Market, in the Strawberry Hill shopping center. We start the meeting at 3:00 PM with a 30-minute social, followed by a short business meeting, then dinner (order from the menu) and then the program.

Thank you for your participation with and for our chapter goals attainment.

Jay E. Garbus, CW4, USA (Ret), President

The mission of the Charlotte-Metrolina Chapter of the Military Officers Association of America (MOAA) is to promote MOAA purposes and objectives. This will foster fraternal relations among retired, active, and former officers of the uniformed services, and their Reserve and National Guard components. The goal is to actively promote the protection of the rights and interests of members of the uniform services, their family members including survivors, provide useful services for members and their families, and serve the community, the active military forces (past present, and future), and our nation.

NEXT MEETING

Sunday, MARCH 17th, 2018

Red Rocks Cafe
4223 Providence Rd

Social Time **1500**
Meeting with Meal **1530**

Publisher and Editor – Jay E. Garbus

The **Newsletter** is published monthly for members and friends of Charlotte-Metrolina Chapter, MOAA.

Editorial Policy: The Charlotte-Metrolina Chapter is affiliated with national MOAA. As such, the Charlotte-Metrolina Chapter is nonpartisan. Editorial policies are established by the Chapter's Publisher and Editor and are in consonance with MOAA's. Advertising and sponsorship are accepted based on MOAA policies and standards.

Editor may be reached at (704) 400-0160

Chapter Website <https://www.charlottemoaa.org/> / **MOAA Website** <http://www.moaa.org/>

MOAA "Take Action" <http://www.moaa.org/takeAction/>

Membership Open to active duty, former, retired, and National Guard and Reserve commissioned and warrant officers of the uniformed services or their surviving spouses.

PROGRAMS

17 March – Ms. Catherine Hall, Atrium Health - discuss Medical Power of Attorney and other health matters.

14 April – Kate McCullough, Life Share of the Carolinas.

19 May – JROTC Scholarship Awards

15 Sep –

27 Oct – Octoberfest

17 Nov –

8 Dec – Holiday Party

LEGISLATION – DICK STEEVES – Vets Council Day at the NC Legislature. Agreed upon Legislation of Interest:

1. Recognition of Gold/Blue Star Mothers (Families) - **HB64**
2. Approval of the budget for NC Dept of Vets Affairs – three items highlighted by Martin Falls, Asst Sec
 - a. NC Vets Cemetery staff 17 employees need to be put on one state payroll, currently paid from receipts from the operation. Additionally, establish a trust fund for long term maintenance of the cemetery when full and there is no cash flow from receipts.
 - b. Increase funding for DVA in addition to the DMVA which was never included when formed in 2015
 - c. Increase the budget for NC Scholarships for Children of Wartime vets
3. State Income Tax Relief for Government/Military Retirees (Extend Bailey)
4. Property tax relief for certain veterans with service-related disabilities

MOAA/VETERANS BRIDGE HOME VETERANS (VBH) MENTORSHIP PROGRAM - We have seven (7) chapter members (and about 6 others) who have volunteered to serve as mentors for transitioning veterans. Initially, it is a 6-month pilot program with selected mentors having a one-on-one mentor/mentee relationship with a transitioning veteran. Most are in need of and desire for professional support through some of the VBH/NC Serves network and in seeking employment and/or enhancement of professional skills. A follow-on grant request for 2019 – 2020 **has** been submitted for a program continuation starting in May

THE UNCC ROTC GOLD BARS PROGRAM – Scott Morris heads up the Army program and Chuck Martin heads up the Air Force program. We have presented 3 sets of gold bars and a certificate for new Army Lieutenants and one for a new USAF Lieutenant for the December 2018 graduation. The Army ROTC program is planning on 21 cadets to commission in May, 3 in the summer, and 2 in December. We are still awaiting USAF numbers.

JROTC SCHOLARSHIP FUNDRAISING - Chapter JROTC Scholarship Fund Golf Tournament on **October 4th, 2019.**

For the 2019 tournament, we need additional chapter members to get involved and seek out prime and hole/team sponsors. Contact potential sponsors early in the new year. **The 2019 tournament flyer is included in this newsletter.**

NORTH CAROLINA COUNCIL OF CHAPTER MEETINGS (<https://www.moaa-nc.org/index.php>) 2019 Council Meeting Schedule – Mark your calendars

- a. 2Q19 Meeting in Flat Rock. May 17-18, 2019, Western Carolina Chapter Hosting. Detailed info coming soon, see NV Council Web Site
- b. 3Q19 Meeting in Cary at Searstone, Saturday meeting ONLY, August 17, 1000 to 1500, lunch will be provided
- c. 4Q19 Convention at Hilton DoubleTree Atlantic Beach Oceanfront, October 18, 19, 20, 2019 PLEASE **VOLUNTEER TO HELP TO ORGANIZE THIS EVENT, IF YOU CAN SHARE JUST SOME OF YOUR TIME; RESPOND TO THIS EMAIL**
- d. NC National Guard Annual Convention meets March 16-17, 2019 - Hilton Raleigh North Hills. We are planning to have a booth to recruit National Guard Officers to MOAA and our local chapters. Your help is needed to be there to man (or lady) the booth and talk to potential MOAA members

MOAA NEWS

MOAA is the nation's largest and most influential association of military officers. We are a powerful force speaking for a strong national defense and representing the interests of military officers and their families at every stage of their careers. To reach our Member Service Center, please call 1-800-234-6622 or email us at msc@moaa.org.

WE ARE IN NATION MOAA NEWS - A [MOAA Foundation](#) grant has allowed a North Carolina MOAA chapter to connect with transitioning servicemembers in its community, building generational relationships and helping veterans navigate a difficult time in their lives and careers.

The [MOAA Charlotte-Metrolina Chapter](#) received a MOAA Foundation Community Outreach grant last year after submitting a top-scoring application. The money has helped establish and operate a mentor/mentee program for transitioning veterans through a partnership with the Charlotte-based [Veterans Bridge Home](#) (VBH), a nonprofit that connects veterans to area support services.

MOAA-BACKED STUDY SHOWS HEALTH RISKS REMAIN FOR THOSE WHO'VE SERVED - A MOAA backed study in generous partnership with the United Health Foundation on the health of those who've served shows they are more likely to report their health as "good" or "excellent," than their civilian counterparts but they're also more likely to suffer from a litany of chronic diseases and to engage in unhealthy behaviors.

The [America's Health Rankings Health of Those Who Have Served Report](#) compiled responses from more than 1 million participants from 2015-2016.

Some of the findings:

- Those who've served are more likely to have cancer (10.9 percent, compared with 9.8 percent of civilians), cardiovascular disease (9.8 percent to 7.2 percent), and arthritis (24.7 percent to 22.8 percent) than their civilian counterparts.
- Those who've been in uniform have higher rates of excessive drinking (21.4 percent, compared with 18.6 percent of civilians), smoking (19.9 percent to 16.6 percent) and insufficient sleep (42.5 percent to 34.6 percent) than civilians, as well as more than double the rate of smokeless tobacco use (8.7 percent to 3.5 percent).
- Despite the above, 56.3 percent of those who've served reported being in good or excellent health, compared with 51.1 percent of those who didn't serve.

Those who've served also show a tendency to engage in preventative health care services at a greater rate than their civilian counterparts, with more of them visiting the dentist (69.6 percent, compared with 65.2 percent of civilians), getting a flu vaccine (50.6 percent to 37.0 percent), and undergoing a colorectal cancer screening (72.4 percent to 66.0 percent).

The report compared its survey findings with a similar survey from 2011-2012. Those comparisons showed some improvements in key health areas among those who've served: Declines in drinking and smoking, for instance, and greater access to health insurance.

It also showed some troubling trends, particularly among women who've served - their rates of suicidal thoughts more than tripled, for example, from 1.8 percent in 2011-12 to 7 percent in 2015-16. The rate of depression rose 9 percent (15 percent to 16.4 percent) among all survey-takers who have served, and rose 32 percent among those ages 26 to 34 (14.8 percent to 19.5 percent).

These and other mental health findings from the report "are concerning," said Kathy Beasley, USN (Ret), director of MOAA's government relations health affairs. "We will continue to highlight these and others to officials in both the DoD and the VA and with Congressional policymakers on the committees and in testimony."

MOAA has partnered with the United Health Foundation for nearly four years, Beasley said, with the goal of determining how the unique demands of military service may affect long-term health "so that research and public policy can be directed toward understanding and improving these factors and conditions."

A key MOAA goal is to strengthen DoD and VA collaboration and services to support wounded warriors and an expanding population of women veterans. This study demonstrates the need for MOAA's continued advocacy and provides key indicators for lawmakers and the government to use in implementing needed changes and improvements.

SURVIVING SPOUSE

Goals for 2019 — We will continue to face new challenges and opportunities this year. Our goals include to grow our virtual chapter to 150 members representing 75 percent of our states;



- recruit 20 new surviving spouse members for MOAA;
- increase the number of state council liaisons from 50 percent to 75 percent;
- continue to educate, encourage, and engage MOAA membership about spouse and surviving spouse issues;
- conduct a survey to determine the needs and interests of surviving spouses;
- continue to work for passage of a bill to eliminate the widows' tax; and
- develop and conduct at least one training session for spouses and surviving spouses at a national meeting to provide information about planning ahead.

ON GOING EVENTS

1. Mecklenburg Veterans Council – 1st Tuesday every month at 11:30 am. Valerie C. Woodard Center, 3205 Freedom Drive, Ste. 2000 (Community Support Services), Bldg. D, Charlotte, NC. The meeting room is the Queen City Conference Room, 2029
2. Veteran Network breakfasts on the first Thursday of every month, starting at 0730 at Another Broken Egg in Ballantyne. Total cost is \$ 13.
3. Veteran Network Uptown Lunches on the second Wednesday of every month starting at 11:45 at the Covenant Presbyterian Church Community Room. Total cost is \$ 10.00. Next lunch is January 9th. These are very good events for networking and meeting other veterans in the community.

AMAZON SMILE CHAPTER DONATIONS - **Ronald Wilsbach**, Thank you for registering Charlotte-Metrolina Chapter of the MOAA at [org.amazon.com](https://www.amazon.com) and welcome to AmazonSmile, where Amazon donates 0.5% of the

price of eligible smile.amazon.com purchases to the charities selected by customers. Spread the word to your supporters so they can generate donations for your organization when they shop.

When customers sign up for AmazonSmile, they're asked to select one of over a million charities to support. When customers click on your unique link, they skip this charity selection process. Instead, they're taken to smile.amazon.com and are automatically asked if they want to support Charlotte-Metrolina Chapter of the MOAA.

Your unique charity link: <https://smile.amazon.com/ch/38-3779812>



Get Involved - Its Free!

Join the 4th Branch and help advocate for equitable treatment of **ALL** government retirees. Register with the 4th Branch at www.4thbranchnc.org by clicking/completing "Join Now". Receive alerts on critical legislation and stay informed. *The 4th Branch will not reveal your email address to anyone else.*

Enter your address or Zip code in "Find **Your State Officials.**" Click their name to find out how to contact them and call, email or make an appointment with your legislator(s) when they are in their home office.

MOAA PRIME SPONSORS/SUPPORTERS FOR CHAPTER'S JROTC SCHOLARSHIP GOLF TOURNAMENT

Balfour Beatty

Build to Last
Lean. Expert. Trusted. Safe.



MOAA Chapter coin \$10.00 - contact
Ron Wilsbach

JROTC Scholarship Fund **BENEFIT GOLF TOURNAMENT**



SPONSORED BY



All tournament proceeds go to support higher education scholarships for outstanding JROTC cadets in Charlotte-Metrolina area high schools.

Friday, October 4, 2019
Olde Sycamore Golf Plantation - Mint Hill, NC

7:30a - 8:45a Registration, Continental Breakfast, Driving Range Balls, Practice Putting Green
9:00a Tee Off Captain's Choice / Scramble Format & Tournament Play (until 2p)
2:00p - 3:30p Barbecue Buffet Dinner, Awards, Door Prizes & Raffle Winners

(SEE PAGE 2 FOR PRICING, SPONSORSHIP LEVELS AND REGISTRATION FORM)

PRIZES AWARDED to 1st, 2nd, 3rd place teams, Closest to the Pins, Longest Drive & more!

HOLE-IN-ONE PRIZE: New Honda provided by



The Charlotte-Metrolina Chapter of MOAA is a 501 (c) 3 non-profit entity. The JROTC Scholarship Fund falls under that tax-exempt status and all donations are tax-free. Chapter Tax ID/EIN #38-3779812

JROTC Scholarship Fund Benefit Golf Tournament - Oct 4, 2019 **LEVELS & REGISTRATION**

PRICE INCLUDES: Green fees, Cart, 2 Beverage Tickets on Course, Continental Breakfast, Buffet Dinner, Door Prizes & Gifts. Sponsorships will also get signage at tee/green.

PARTICIPATION

Individual Golfer \$100 4 Person Team \$400

SPONSORSHIPS

TEE/GREEN SPONSORSHIP

Individual \$100 Company Signage \$200 4 Person Team + Signage \$500

PRIME COMPANY SPONSORSHIPS

All levels include: Reserved dining table at Awards Dinner, acknowledgement at Tournament Dinner, and company name and/or logo on printed material, press releases and MOAA website.

A representative of each sponsor company will be invited to and recognized at the JROTC scholarship awards dinner/ceremony in May 2020.

Platinum Sponsor \$2,000

- (3) Foursomes
- Title Sponsor Banner
- MOAA Challenge Coin to each golfer
- Opportunity to speak at Awards Dinner

Gold Sponsor \$1,500

- (2) Foursomes
- Title Sponsor Banner
- MOAA Challenge Coin to each golfer

Silver Sponsor \$1,000

- (1) Foursome
- Title Sponsor Banner
- MOAA Challenge Coin to each golfer

Registration Form - JROTC Scholarship Fund BENEFIT GOLF TOURNAMENT 2019

Please Check One or Several: (Mulligan packages available at Registration)

PARTICIPATION: ☐ Individual Player \$100 ☐ 4 Person Team \$400

SPONSORSHIPS: ☐ Individual \$100 ☐ Company Tee/Green \$200 ☐ 4 Person Team Tee/Green \$500
☐ Prime Company Sponsorship (Level _____)

Team Captain/Player Name: _____ Phone: _____ Email: _____

1. _____ 2. _____

3. _____ 4. _____

PAYMENT: Checks payable to MOAA Charlotte-Metrolina Chapter

Please detach and send form by September 13, 2019 (and payment if by check) to:
Ron Wilsbach – MOAA Scholarship Golf Tournament, 10944 Casetta Drive, Matthews, NC 28105-5918



NC-04 CHARLOTTE-METROLINA CHAPTER MOAA

ENROLLMENT/RENEWAL FORM

New Member _____ Renewal _____ Date _____

First Name _____ Middle Initial _____ Last Name _____

Rank _____ Branch _____ DOB _____ Spouse's Name _____

Street Address: _____

City: _____ State: _____ Zip _____

E-Mail Address _____ Phone # _____

I would like to receive my newsletter by: _____ US Mail _____ E-mail

National MOAA Member? Yes _____ No _____ Are you a life member? _____

Membership No. _____

(Found above your first name on magazine label)

First Year New Members \$5.00

Annual Renewal \$25.00

Surviving Spouses \$10.00

Mail to: Charlotte-Metrolina Chapter MOAA

P.O. Box 31394

Charlotte, NC 28231-1394

JROTC Scholarship Fund Donation: ____ Receipt: Yes ____ No ____

Membership Requirements: Commissioned and Warrant Officers of the seven uniformed services (Army, Navy, Air Force Marine Corps, Coast Guard, National Oceanic and Atmospheric Administration, and U.S. Public Health Service) and the reserve and other components of these services may become regular members. Widows and widowers of any deceased individual, who would, if living, are eligible for membership as auxiliary members. Regular members must hold and maintain membership in both the national organization as well as the local chapter. Auxiliary members are encouraged but not required to hold both memberships.